

YOUTH PRESENTATION MENU

ELEMENTARY SCHOOL

Title / Details	Information / Activities
<p>TACO: Teaching About Caring for Others <i>developed by CVIC</i> Grades K-3 4 sessions – 40 minutes each</p>	<ul style="list-style-type: none"> • Ingredients of a Good Friend • Having Healthy Conversations • Calm Conflict • Good vs. Poor Behaviors • Hands On Activities
<p>Let's Go to the Movies <i>developed by CVIC</i> Grade 1-3 1 to 5 sessions – 30 minutes each</p>	<ul style="list-style-type: none"> • Believing in Yourself • Good vs. Poor Actions • Importance of Differences • Emotions • Knowing You're Awesome • Hands On Activities
<p>Shrek's Internet Safety Quest <i>developed by CVIC</i> Grades 2-5 1 session – 45 minutes</p>	<ul style="list-style-type: none"> • Suspicious Links • Being Kind Online • Personal Information • Required Age for Apps • Permission for Posting Photos • Scenarios
<p>Friendships Online <i>developed by CVIC</i> Grades 3-5 1 sessions – 45 minutes</p>	<ul style="list-style-type: none"> • Friendships & Social Media • Benefits/Dangers of Being Online • What is Okay/Not Okay to Share • Scenario Practice
<p>Friendships That Work <i>developed by Kara Wettersten, a researcher & professor at the University of North Dakota</i> Grades 4-5 5 sessions – 45 minutes each</p>	<ul style="list-style-type: none"> • Evaluating Friendships/Skills • Asking Meaningful Questions • Advanced Listening/Acknowledging • Dealing with Hard Feedback & Conflict • Interactive Workbook
<p>Rise Above Bullying <i>developed by CVIC</i> Grades 4-5 1 session – 45 minutes</p>	<ul style="list-style-type: none"> • Effects & Why It Happens • Kindness Activity • Definition & Types • How to Help

MIDDLE SCHOOL

Title / Details	Information / Activities
Better Boundaries <i>developed by CVIC</i> Grades 6-8 1 session – 45 minutes	<ul style="list-style-type: none">• Healthy vs. Unhealthy Relationships• Setting Boundaries• Scenario Practice
Digital Consent <i>developed by Harborview Abuse & Trauma Center</i> Grades 6-8 1 session – 45 minutes	<ul style="list-style-type: none">• What is Digital Consent• Discussion• Digital Red Flags• Sexting/Explicit Photos• Group Activity
PACT: Bee an Upstander <i>developed by CVIC in collaboration with the Grand Forks Public Schools YORS Commission</i> Grades 6-8 5 sessions – 45 minutes	<ul style="list-style-type: none">• Bystander Intervention Strategies: Pass It Off, Approach, Check In, and Turn Attention• Benefits and Barriers• Practical Ways to Intervene• Activities and Video Discussions
Rise Above Bullying <i>developed by CVIC</i> Grades 6-8 1 session – 45 minutes	<ul style="list-style-type: none">• Definition and Methods of Bullying• Victim Resources• Signs You Are A Bully• Effects of Bullying• Bystanders/How to Help
Take A Stand <i>developed by the National Coalition Against Domestic Violence (NCADV)</i> Grades 6-8 4 to 5 sessions – 45 minutes each	<ul style="list-style-type: none">• Developing Emotional Intelligence• External Influences• Respecting Friends, Family, Teachers• Creating and Allying for Healthy Relationships
Sexual Harassment: Impact Matters <i>developed by CVIC</i> Grades 7-8 1 session – 45 minutes	<ul style="list-style-type: none">• Sexual Harassment Definition• The Truth About Sexual Harassment• Flirting vs. Sexual Harassment• Reporting• Impact vs Intent
Stepping into Manhood <i>developed for boys by Equimundo and the University of Pittsburgh</i> Grade 8 6 sessions – 45 minutes each	<ul style="list-style-type: none">• Conversations on Healthy Manhood• Critical Thinking about Societal Beliefs on Gender Roles• Inspire Boys to Redefine Manhood and Focus on Developing Healthy Behaviors
Upstanders <i>developed for girls by CVIC</i> Grade 8 6 sessions – 45 minutes each	<ul style="list-style-type: none">• How to Have Respectful and Healthy Friendships/Relationships• Setting Boundaries• Self-Image and Media Influence• Rumor Spreading

HIGH SCHOOL

Title / Details	Information / Activities
<p>Behind the Post <i>developed by the One Love Foundation</i> Grades 9-12 1 session – 45+ minutes</p>	<ul style="list-style-type: none">• Healthy vs. Unhealthy Relationship Signs• 7 Minute Film Portraying an Unhealthy Relationship<ul style="list-style-type: none">◦ Discussion to Follow• Social Media’s Role• How to Get Help/Help a Friend
<p>Break-Up 101 <i>adapted from Boston Public Health</i> Grades 9-12 1 session – 45 minutes</p>	<ul style="list-style-type: none">• Identify a Healthy Break-Up• Deal-Breakers• How Are Teens Breaking Up?• Effective Communication• Scenario Practice
<p>CVIC Overview <i>developed by CVIC</i> Grades 9-12 1 session – 45 minutes</p>	<ul style="list-style-type: none">• History and Mission of the Organization• Outline of Programs• Activity• Resources to Get Help
<p>How to Help a Friend <i>developed by CVIC</i> Grade 9-12 1 session – 45 minutes</p>	<ul style="list-style-type: none">• The Relationship Spectrum• Do’s/Don’ts of Supporting Others• Scenario Practice• Resources
<p>Love Labyrinth <i>developed by the One Love Foundation</i> Grades 9-12 1 session – 45+ minutes</p>	<ul style="list-style-type: none">• Healthy vs. Unhealthy Relationship Signs• 7 Minute Film from the Female Perspective<ul style="list-style-type: none">◦ Discussion & Journaling to Follow• Cycle of Abuse• How to Help a Friend
<p>M.V.P. <i>developed by the One Love Foundation</i> Grades 9-12 1 session – 60+ minutes</p>	<ul style="list-style-type: none">• Healthy vs. Unhealthy Relationship Signs• 19 Minute Film from the Male Perspective<ul style="list-style-type: none">◦ Discussion & Journaling to Follow• Boundaries & Consent• How to Help a Friend
<p>#RelationshipGoals <i>developed by CVIC</i> Grades 9-12 1 session – 45 minutes</p>	<ul style="list-style-type: none">• Healthy/Unhealthy Relationship Signs• Scenario Practice• Leaving Unhealthy Relationships• How to Help A Friend

HIGH SCHOOL

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<p>Removing the Rose-Colored Glasses: Red Flags in Music <i>developed by CVIC; based on an Eleven24 media literacy workshop</i> Grades 9-12 1 session – 45 minutes</p>	<ul style="list-style-type: none">• Relationship Spectrum• Healthy vs Unhealthy Relationship Signs• Scenario Practice with Music Lyrics• Identity Playlist
<p>SHIELD: Staying Safe Off and Online <i>developed by CVIC</i> Grades 9-12 1 session – 45 minutes</p>	<ul style="list-style-type: none">• Defining Stalking & Cyberstalking• Safety Tips• SHIELD Acronym• How to Help a Friend
<p>Stay/Talk/Go <i>developed by Break the Cycle</i> Grades 9-12 1 session – 45 minutes</p>	<ul style="list-style-type: none">• Healthy vs. Unhealthy Relationships Signs• What Would You Do:<ul style="list-style-type: none">◦ Stay, Talk, or Go Scenario Practice• How to Help a Friend• Resources
<p>The Power of the Clothesline Project <i>developed by CVIC</i> Grades 9-12 1 session – 45 minutes <i>*only available for students attending the Clothesline Project</i></p>	<ul style="list-style-type: none">• Definition of Dating Violence• Power and Control Wheel• Warning Signs• What to Expect at the Clothesline Project Event at UND
<p>FRIES: A Guide to Consent & Sexual Assault <i>developed by CVIC</i> Grades 11-12 1 session – 45 minutes</p>	<ul style="list-style-type: none">• Define What Is/Isn't Consent• FRIES to Consent• Sexual Assault Umbrella• Scenarios• How to Help a Friend
<p>Relationships in the Real World <i>developed by CVIC</i> Grades 11-12 1 session – 45 minutes</p>	<ul style="list-style-type: none">• Advantages and Difficulties of Dating After High School• Hookup and Party Culture• Scenarios, Journaling, and Activity• Tips and How to Help a Friend
<p>SAAM: The Truth Behind Sexual Assault <i>developed by CVIC</i> Grades 11-12 1 session – 45 minutes</p>	<ul style="list-style-type: none">• Defining Sexual Assault• Jeopardy or Quizizz Activity• The Truth about Sexual Assault• Your Support System

HIGH SCHOOL ATHLETICS

Title / Details	Information / Activities
Athletes As Leaders <i>developed for high school athletes on girls' sports team by Harborview Abuse & Trauma Center</i> Grades 9-12 10 sessions – 20 minutes each	<ul style="list-style-type: none">• Privilege, Oppression, Stereotypes• Beauty Standards• Rumor Spreading• Consent• Healthy Relationships
Coaching Boys Into Men <i>developed for high school male athletes by Futures Without Violence</i> Grades 9-12 12 sessions – 15 minutes each	<ul style="list-style-type: none">• Respect and Personal Responsibility• Mental Health• Language• Consent; Sexual Reputation• Anger and Aggression• Conflict and Communication

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