

# Heal Homes & Champion Change

The path to healing a home impacted by domestic violence is a long and winding one—requiring a holistic approach and often years of ongoing care. Through our three pillars—safety, healing, and education/prevention—CVIC provides holistic, integrated services that help families rebuild after crisis, healing their hearts and ultimately, their homes.



When Gabi's\* husband left bruises on her throat, the police knew where to send her...

CVIC's **SAFETY** services were there to help her relocate, file for a protection order, and gain full custody to protect her children.

*\*Name, some details changed*



Years later when she saw her son repeating destructive behaviors, like anger, and expressing suicidal ideations...

CVIC's trauma-informed **HEALING** services were an immediate phone call away, and the whole family was able to start therapy to finally begin processing their trauma.



Now, as Gabi's family works hard to heal, creating new behavior patterns and a fresh future...

CVIC's **EDUCATION/PREVENTION** services are in her children's classrooms, reinforcing messages about healthy relationships, emotional resiliency, and the importance of reaching out when you need help.

**Will you partner with us to heal homes and champion change for families like Gabi's today?**



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Dear Friend,



After years of abuse, Gabi recalls a moment when everything finally began to change: “I had been held against a wall by my spouse’s hand and had bruises forming on my throat.” A responding officer shared information about CVIC, which Gabi says “was the life-changing event”. “If that officer wouldn’t have had that card... I don’t know if I would have remembered it... That was so important,” she says. Thanks to powerful partnerships with law enforcement, Gabi and her children connected with CVIC, escaped the abuse, and began rebuilding their lives. However, years later, Gabi’s trauma resurfaced when one of her children started repeating some of the behaviors their family had experienced in the abusive relationship.

**Gabi’s son was struggling with explosive anger, extreme sadness, and thoughts of self-harm.**

“Right then is when I picked up the phone and called CVIC and made an appointment,” she explains. “I just didn’t want my children to think... that it was acceptable behavior...but when you see it all the time, it becomes kind of a norm. And I just wanted better for them.” After connecting again with a CVIC advocate, Gabi and her children all started therapy to help them begin to heal.

**“I just want a future full of happiness and I think it’s going to happen,” says Gabi. “We’re there.”**

Through a holistic approach of safety, healing and education/prevention services, your gift not only helps survivors in crisis take that first step today, it begins the healing process for tomorrow. You provide crucial crisis services like shelter, safety plans, and protection orders, while supporting long-term solutions such as housing, transportation, and evidence-based therapies. Your generosity also funds prevention outreach, connecting with more than 15,000 students and professionals annually, aiming to stop violence before it begins.

**Together, we can HEAL HOMES and CHAMPION CHANGE for future generations.**

Giving Hearts Day is more than a fundraising event; it’s a call to action. Your support helps families like Gabi’s find safety, healing, and hope for a brighter future. Because of donors like you, Gabi and her children not only escaped abuse but also found the support they needed to rebuild their lives. Will you help more families take that first step toward healing? Join us in being a champion for change this Giving Hearts Day!

Gratefully,

*Coiya Tompkins Inman*

Coiya Tompkins Inman  
President/CEO



*“Domestic Violence is a community-wide issue and concern, and something we can all support. We often hear people say that it takes a village to raise kids. I think, for many people, that village can be our community.”*

—Kayla Bonewell, CVIC Director of Adult Therapy Services



PS: Scan this QR code to hear more from Kayla about CVIC’s healing services and how you can Champion Change today.

This communication is made possible through the generosity of our Giving Hearts Day Champion Level Partners:

