

TRAINING MENU

CVIC provides training and education programs for workplaces and community organizations. Each training can be adapted to fit the audience, professional discipline, or topic interest. Lengths of trainings can be modified based on timeframe allotted.

PROFESSIONALS

Training	Information Covered
<p>Health Cares About Domestic Violence <i>A training for healthcare workers on domestic violence dynamics and the healthcare response.</i></p>	<ul style="list-style-type: none"> - Domestic violence dynamics - Tactics of abuse - Screening and documenting domestic violence - Safety planning - Reporting - Community resources
<p>The Crossroads of Domestic Violence and Mental Health <i>A training for behavioral healthcare workers on domestic violence dynamics and the intersection of mental health.</i></p>	<ul style="list-style-type: none"> - Domestic violence dynamics - Tactics of abuse - Screening domestic violence - The science of trauma - Supporting survivors - Community resources
<p>Speak Up Against Domestic Violence <i>A comprehensive training on domestic violence and childhood exposure to violence.</i></p>	<ul style="list-style-type: none"> - Domestic violence dynamics - Power and control wheel - Barriers to leaving - Adverse childhood experiences (ACEs) - Childhood exposure to violence - The science of trauma

The Power of Power and Control

A training on domestic violence dynamics, lethality, and safety planning.

- Domestic violence dynamics
- Power and control wheel
- Barriers to leaving
- Lethality indicators
- Safety planning

Abused and Exploited

A training on elder abuse for those who work with the elderly population.

- Defining elder abuse
- Elder abuse prevalence and statistics
- Caregiver stress
- Barriers to living free from abuse
- Responding to elder abuse
- Mandatory reporting

Strangulation: The Visible and the Hidden

A comprehensive training on strangulation.

- Overview of domestic violence
- Types of strangulation
- Signs and symptoms of strangulation
- The San Diego study
- ND Statutes and definitions (as appropriate)
- Lethality
- Responding to strangulation
- Appropriate referrals

Lethality Assessment Program (LAP)

An overview of the Lethality Assessment Program (LAP) and best practices.

- History and research behind LAP
- Best practices for LAP
- Advocate role
- Law enforcement role
- Community response

Sexual Assault Defined

A training that covers the dynamics of and trauma informed response to sexual assault with information provided on Grand Forks County sexual assault response team.

- Dynamics of sexual assault
- Impact of trauma
- Trauma informed response
- Grand Forks County sexual assault response protocols

Creating a Culture of Change around Sexual Violence

An overview of sexual violence, societal messages, and how to support survivors.

- Defining sexual assault
 - What is consent
 - Societal messages around sexual assault
 - Impact on survivors
 - Supporting survivors
 - Reporting
 - Community resources
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From Talking to Stalking

A comprehensive training on stalking, its impact, and best response.

- What is stalking
 - Impact on victims
 - Safety planning
 - Community Resources
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Trauma Informed Schools

A comprehensive training on childhood exposure to violence and trauma-informed best practices when working with youth in a classroom setting.

- Adverse Childhood Experiences study (ACEs)
 - Childhood exposure to violence
 - Defining trauma
 - Trauma response
 - Creating trauma sensitive environments
 - Strategies to use in the classroom
 - Local resources
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Supporting Survivors in the Workplace

A training on domestic violence and red flags for workplaces to support employees who are experience abuse by their partner.

- Overview of domestic violence
 - Introduction to power and control wheel
 - Red flags and green flags
 - Barriers to leaving
 - Safety planning for co-workers and staff
 - Local and national resources
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Becoming a Trauma-Informed Workplace

A training on domestic violence, trauma, and trauma informed best practices for workplaces.

- Overview of domestic violence
 - Understanding the trauma behind domestic violence
 - Impacts of trauma
 - Trauma informed practices
 - How to support a co-worker
 - Local and national resources
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Empathic Strain

A training on tools to build resilience.

- Discussions on the impact of working in high stress environments
 - Difference between burnout, empathic strain, and traumatic stress
 - Assessing individual impact
 - Identify strategies to build resilience and create and action plan
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COMMUNITY PRESENTATIONS

Training Information Covered

Green Dot Bystander Training

How to be an effective bystander when you see power-based personal violence.

- Introduction to power-based personal violence
- The impact of power-based personal violence on the community
- The role of the bystander in violence prevention
- Recognizing red dots and barriers to intervention
- The 3 D's of bystander intervention
- Proactive green dots
- Skills practice

Green Dot Overview

A brief overview of the Green Dot strategy.

- Introduction to power-based personal violence and its impact
- Introduction to red and green dots
- Introduction to barriers
- The 3 D's of bystander intervention
- Generating the 3 D's through skills practice
- Introduction to proactive green dots
- Generating proactive green dots through skills practice

CVIC Services Overview

An overview of CVIC's comprehensive safety, healing and education programs that are creating a safer tomorrow for greater Grand Forks.

- Agency history
- Programs and services provided
- Our plan to end violence in two generations
- How to get involved and support CVIC

CONTACT

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