

MISSION PREVENTING VIOLENCE. PROMOTING SAFETY. BUILDING HOPE.

VISION

We envision a community where all people are safe, respected and free.

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VALUES

Respect
Generosity & Gratitude
Service to Others
Communication
Teamwork
Honesty & Integrity



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Health & Human Services

YOUR ENGAGEMENT MAKES A DIFFERENCE



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More than five years have passed since the Safer Tomorrows Road Map was born, but its impact will benefit two lifetimes. Your trust in a vision to end interpersonal violence in two generations and your investment in its progress means individuals facing violence will transition to more resilient lives, families will grow stronger, and communities will thrive. As you explore the next few pages, we encourage you to reflect on how much your kindness has touched those who come to us during some of the darkest points in their lives. Your support sheds light on what's possible.

SAFETY

Since the Safer Tomorrows Road Map launched in late 2017, your kindness has enabled safe visits for more than 800 families, safe shelter to nearly 600 people, and support for nearly 6,000 victims of crime. You've also supported a day-and-night response to serve nearly 4,800 people needing immediate crisis services. With your continued support, fewer individuals will endure interpersonal violence, and ultimately, these trends will decrease. Our legislative friends stand with you and our clients, too. Grand Forks legislators led the way for new laws (effective August 2023) that will make stalking part of domestic violence protection orders and create expanded opportunities for those who use violence to connect with our domestic violence intervention classes and resources.

HEALING Your investment in evidence-based therapies has reached nearly 390 children and more than 500 adults throughout the past five years. In a first for our agency and a change we didn't anticipate, we also expanded our therapy services to those who use violence. Eligible participants in our domestic violence intervention program now have access to a new restorative therapy program designed to help them heal from their childhood trauma.

EDUCATION/PREVENTION

You continue to reach several thousand adults/students each year through our prevention and education efforts. Your support throughout the past five years has enabled us to reach more than 26,000 youth and more than 32,000 adults. In addition, you've helped change lives of those who use violence. More than 360 participants in our domestic violence intervention program completed their multi-week classes. Your engagement also impacts our community at large. Since the launch of Green Dot, a national bystander intervention program, more than 80 professionals have been trained as Green Dot facilitators and more than 600 have been exposed to its intervention training.

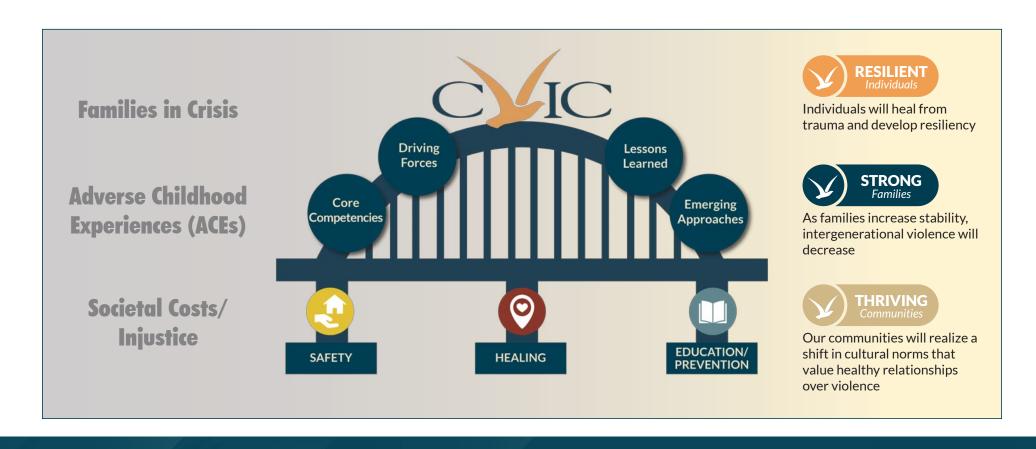
In addition to statewide leadership of new laws, CVIC also led the pursuit of increased funding from the Department of Health and Human Services, which awarded through House Bill 1004, record funding (\$7.5 million total) for domestic violence and sexual assault services across 19 coalition member agencies. Nationally, grant funders also took note of the Safer Tomorrows Road Map's impact. CVIC earned recognition as one of only six nonprofits nationwide to earn Mutual of America's Community Partnership Award. Our Safer Tomorrows Road Map and specifically its therapy and educational outreach within the schools, was honored among a slate of more than 500 applications.

Your investment inspires our team and brings hope to nearly 3,000 individuals who receive safety and healing services annually, and our collective work, no doubt, continues. We look forward to more collaborative ideas and introductions that may help us reach those we haven't yet served - the more than 12,000 local neighbors we estimate will be impacted by domestic violence/sexual assault throughout their lifetimes. Your engagement makes a difference – for today and tomorrow.

With Gratitude. Jodi, Jody and Coiya

SAFER TOMORROWS ROAD MAP

Your investment is changing the face of violence



Safer Tomorrows

Five years of growth and counting

2017

Safer Tomorrows research-based PROJECT LAUNCHES

2018

DOMESTIC VIOLENCE COURT, a first for North Dakota, initiates 2019

National presentations lead to **FURTHER EDUCATION** in several states We built the Safer Tomorrows Road Map because we envision a Grand Forks County where all people are safe, respected and free. We keep it alive on behalf of the nearly 9,000 neighbors we're not currently reaching. Extrapolating data from the Centers for Disease Control and Prevention, we estimate that more than 12,000 Grand Forks County residents will experience domestic violence and/or sexual assault during their lifetime. The number of children facing several traumatic experiences has reached more than 1,900, a humbling number that could fill Red River High School, Elroy Schroeder Middle School and Lewis & Clark Elementary School (and then some).

In the pages that follow are lessons learned, emerging approaches and recent successes that signify the plan's progress. Because CVIC never walks alone, our clients don't either. Our core competencies remind us how fortunate we are to deliver evidence-based services alongside an experienced team of trauma-informed partners and a community who believes in our work as much as we do.

We continue to stay focused on driving forces such as the severity of adverse childhood experiences. We also recognize that discrimination and interpersonal violence intersect, and that cultural responsiveness plays a role in serving Black, Indigenous and People of Color; LGTBQ+ communities, and people with disabilities. These individuals often face disproportionate barriers, including access to domestic/sexual violence services.

Together, we can change this narrative. Thanks to your investment in our vision, ending interpersonal violence is possible. Keep reading to learn how.



2020 2021 2023

National pandemic leads to immediate TELEHEALTH SERVICES AND CONTACT-FREE EMERGENCY SUPPLIES that were provided to families in need CVIC EXTENDS INCREASED
SUPPORT for statewide domestic
violence intervention, therapy and
restorative justice following closure
of Lutheran Social Services

Governor Doug Burgum announces
INCREASED FUNDING FOR
DOMESTIC VIOLENCE/SEXUAL
ASSAULT INTERVENTION
statewide

State Legislators award
RECORD FUNDING (nearly 2.5
times the prior biennium) for
domestic violence intervention
throughout North Dakota

SAFETY



Representative District 43



Laura Nash Frisch CVIC Vice President of Victim Witness and Visitation



Andria Pinkerton **CVIC Senior Director** of Legal Services

New law creates more options for victims needing domestic violence protection orders

One of the most dangerous times for individuals facing interpersonal violence is when they attempt to leave an abusive relationship. To assist clients during this time, CVIC advocates and our partners often leverage legal tools such as domestic violence protection orders and disorderly conduct restraining orders. Both tools are designed to keep individuals and families safe, but their purposes and legal basis have traditionally differed. Through CVIC's partnerships with law enforcement, the state's attorney's office, CAWS ND (the statewide domestic/sexual violence coalition), and lawmakers, that basis has changed.

House Bill 1268, which became a law in August 2023, enables individuals to file a protection order due to stalking. Legally defined as an intentional course of conduct directed at a specific person that serves no legitimate purpose and is not a constitutionally protected activity, stalking is one of the most common behaviors domestic violence and sexual assault victims report. Grand Forks Legislator Zac Ista (District 43), who authored the bill, sees these challenges firsthand given his role as an assistant state's attorney.

"What we proposed with HB 1268 is to change the definition of domestic violence in the statute to include stalking. We already defined it in our state criminal code, so we were able to just borrow that definition. Now going forward those experiencing stalking can seek that protection order. That's important because prior to this law change the only recourse would be a disorderly conduct restraining order," Ista said. "Now that would stop the inappropriate behavior, stop the contact. But with a domestic violence protection order there are additional protections such as child custody issues, personal property, residential property; even firearms can be removed from the alleged offender's home, if necessary."

Laura Nash Frisch, vice president of victim witness and visitation and a 26-year CVIC veteran, was among the experts who worked with Rep. Zac Ista to draft language for the bill's development throughout the session. She explains further how legal words such as "course of conduct" may transpire for victims experiencing violence. Too often, they can quickly turn severe or even deadly, she said.

"A course of conduct is really two or more incidents that have the same intent. It could be two or more incidents of someone followed me and they told me: 'you are going to pay for what you've done to our family. Those things that are something that legally are considered nonviolent." Nash Frisch said. "Stalking ranges from monitoring online accounts, tracking victims on GPS, giving them unwanted gifts, things that might seem to an outsider to be really benign and non-threatening. But to somebody who has a history with



that person or who has a repeated onslaught of calls and texts, and we know it's such a part of domestic violence in a relationship and outside the relationship. What can seem like small things can turn into very tragic and awful things, so this is another tool that advocates throughout the state can use to assist survivors with safety."

According to a national study of stalking and intimate partner femicide and homicide (McFarlane, Campbell, Wilt, Sachs, Ulrich and Xu/1999), 85 percent of attempted homicide victims were stalked, and 76 percent of homicide (femicide) victims were stalked. One of the reasons this bill surfaced, Nash Frisch said, was because currently certified domestic violence advocates are authorized to assist with domestic violence protection orders, but they are not allowed to assist with disorderly conduct restraining orders, which focus more on harassing behaviors and disorderly conduct.

"One of the things our advocates see quite often is that a victim might be dealing with violence in their relationship and then when they attempt to leave there either hasn't been a physical incident or a threat of a physical incident after that, but they are being stalked and monitored by their partner," she said. "Our advocates, prior to this law, alone could not assist with a disorderly conduct restraining order even though they were escaping an abusive relationship. So this law change will allow us to assist more survivors with that safety need and really move them to that next level of recovery and healing."

Andria Pinkerton, senior director of legal services, said one of the biggest differences between a domestic violence protection order and a disorderly conduct restraining order is custody. Under the disorderly conduct restraining order statute, it could be challenging if not impossible to co-parent.

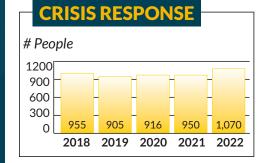
"If someone is experiencing stalking and they have a child in common with that person, prior to this bill becoming a law, they would only be able to seek a disorderly conduct restraining order, which isn't able to address any temporary custody or parenting time issues," Pinkerton said. "You can get that restraining order put in place, but you're still dealing with the issue of: how do we parent together. I think this change will be very impactful and important to give other options for survivors. Prior to this change, there was case law that said that unless that threat of violence is imminent, that it didn't qualify for a domestic violence protection order. So, I'm really hopeful that adding stalking to this definition will allow us to get protection in some of those non-traditional stalking cases as well."

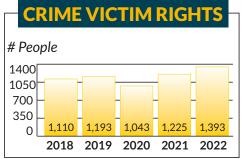


SAFETY 2018-2022











Click for CVIC



(©) HEALING



Maranda Jacobsen Restorative Therapist



Taylor RedmannCVIC New Choices
Director



Click for CVIC video on HB 1269

Restorative therapy builds hope, stronger families

One of the unexpected lessons we have learned since the launch of the Safer Tomorrows Road Map was a significant need for increased mental health services – including support for those who use violence. In January, CVIC began offering therapy services for eligible participants in its domestic violence intervention program. Also called New Choices, this program supports both men and women who have used violence in their relationships.

Addressing the complexities of intimate relationships, New Choices is a deliberate and purposeful intervention that challenges the beliefs behind the use of violence and abuse within relationships. Specifically, the program:

- Provides education regarding the effects of abusive behavior,
- Addresses factors that contribute to the use of violence,
- Discusses beliefs and personal behaviors that encourage relationships based on respect, trust and nonviolence, and
- Encourages accountability to those they have harmed.

Offered to both men and women, the two evidence-based curriculums provide 40 hours of group dialogue. For men, the 27-sessions of the Duluth Curriculum explore 9 themes which support equality within intimate relationships. For women, the 20-sessions address violence through a curriculum called Beyond Violence. Participants may be referred by court order, through other agencies or may voluntarily enroll for the program. For those who are court-ordered, our New Choices team also partners with the Grand Forks County Domestic Violence Court. This is a specialized, post-conviction program that monitors the compliance of those who have been convicted of domestic violence-related crimes.



NEW CHOICES THERAPY SERVICES

Supports both men and women who have used violence in their relationships.

"The New Choices program is sort of a play on words," said Taylor Redmann, director of the program. "We provide a space that has an opportunity for clients to talk about the harmful behaviors that they have done in their relationships in hopes that they will make new choices in the future. Although we don't serve entire families when we have clients participate, our goal in the program is that we build strong families by addressing the violence that individuals have used in their relationships and promote accountability for that. Over the past seven years that I have been a part of New Choices staff, I have sat in groups hearing about the experiences our participants have had in their childhoods. Now that the restorative therapist is on staff, it's really rewarding to be able to tell them that we have this service available for them if they're ready."

Maranda Jacobsen, restorative therapist, says a majority of men and women who participate in New Choices have experienced a great deal of childhood trauma but have never really been given space to address it.

"This is a place where they can come to work on reprocessing trauma memories and really reshape the way that they think about themselves, others and the world," she said. "I hope the program grows and we have an opportunity to hire individuals to work with both youth and adults, and possibly addressing other mental health issues such as substance abuse."

So far, both Redmann and Jacobsen share that the program has been very well received by clients who have expressed interest in seeking restorative therapy services. One client shares: "I never thought that talking to someone about these things would be helpful. I'm starting to feel like a better me, which is what I've always wanted to do for myself and my family."

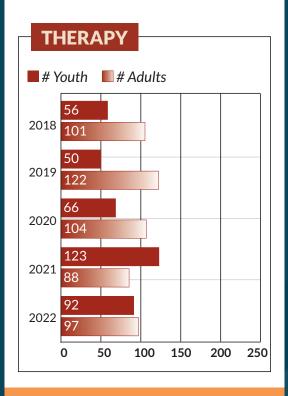
The education clients receive from their participation as a New Choices client not only helps shed light on power and control dynamics that they may not have realized they were using, but also helps them recognize how their actions have the potential to impact their whole family.

"When I think about the hopes for a Safer Tomorrows, I hope our community" can see the importance of domestic violence prevention work. That providing the services to those that cause harm is also supporting the survivors and children in their lives," Redmann said.





HEALING 2018-2022





Sarah Gustafson Former CVIC client

Former client shares experience to encourage others, prevent future abuse

Suffering in silence was never a reality Sarah Gustafson thought she'd face as first-time mom, nurse and wife from a loving family, but several years into an abusive relationship, no one knew her pain.

"Growing up in our house, I was never exposed to any form of abuse," Gustafson said. "I thought this must be that fairytale life. You just become blinded to some of those small red flags. It was really his show...how he wanted things done, what I was going to wear, where I was going to work, who I was going to hang out with, what I was going to do with my life, when I was going to have a baby. It really put a strain on relationships because then people were cut out of my life."

Shortly after the relationship started, friends and family describe a vibrant daughter, sister and friend who became distant and didn't seem like herself. Her sister Anna Bryl recalls that she stopped returning phone calls and close friends say Gustafson's once gregarious style suddenly changed.

"Her spunky personality had kind of dwindled a bit," said friend and nurse colleague Ann Mason. "I probably didn't recognize all of the signs of true verbal abuse. It has opened my eyes because that person you wouldn't expect the most, someone who has it all put together who has a great degree, a wonderful son, is not someone you would expect to be in abusive relationship."

Thankfully, Gustafson soon confided in her family and sought help from the East Grand Forks Police Department who recommended she contact the Community Violence Intervention Center (CVIC). Once introduced to CVIC's advocacy and therapy services, the team helped her consider options for safety planning and next steps.

"After Jordan was born, things really escalated and it's because the attention just couldn't be on him," she said. "This is a hidden form of abuse where it's secret. It's mental and emotional. At the beginning, things were not physical. When I was getting ready to leave my home, things turned physical. I got very scared. I remember going downstairs with Jordan as an infant. We hid in the basement bedroom. He had taken the keys so I knew I didn't have a way out of the house. I just looked at my son and said: 'I'm going to get us out of here."

With help from CVIC's team and partners as well as her family and friends, Gustafson was able to leave her abusive relationship and build a new life free from interpersonal violence, and emotional and financial abuse. She has since remarried and is a proud wife of Aaron and mother to Jordan and Nora.

"Working as a nurse practitioner and being able to refer patients I see to CVIC at UND. That has all come full circle, too. I want people to know that if they're in this situation that there is always a way out," she said.

Communities

HOW TO SUPPORT

A FRIEND OR LOVED ONE

Former client Sarah Gustafson recently spoke to more than 700 guests who attended CVIC's Judd Sondreal Memorial Rise and Shine for Peace Breakfast, an annual event designed to raise funds and awareness of interpersonal violence. She encouraged attendees to reach out if things don't look or feel right and be a resource for those who may not have the courage to ask for help.



(Are you okay? How are things at home?)



LISTEN to your gut



ENLIST

support from a colleague or neighbor if you have concerns



crisis line:

crisis line: 701-746-8900



CONTACT V

to learn how you can support a friend or loved one



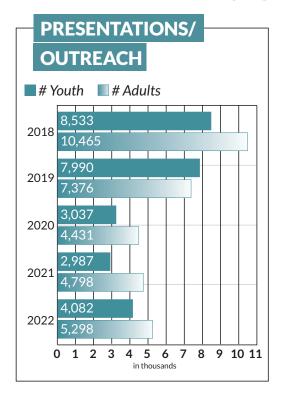
for behavior changes or non-verbal signs of abuse

DIRECT, DELEGATE, DISTRACT

Use these three Ds when you see something harmful happening in the community



EDUCATION/PREVENTION 2018-2022





2022 SAFER TOMORROWS IMPACT



Crisis Services

- **1,070 adults** were supported through times of crisis, including 879 victims of domestic violence and 191 victims of sexual assault.
- Crisis line advocates answered 487 calls.
- We assisted clients in obtaining **34 orders** for protection.
- 97% of clients reported feeling safer and more aware of ways to plan for safety as a result of CVIC services.

Safe Shelter

• **125 people** were sheltered for 2,772 nights at Mary's Place while they worked toward safe and independent lives.

2,772 nights of shelter provided

Self Sufficiency

- **7 families** with 13 children received transitional housing services.
- **391 individuals** received assistance with housing, employment or education goals.

Crime Victim Advocacy

- **1,393 victims and witnesses** of crimes received case information and support through criminal proceedings, another record year.
- CVIC's victim witness specialists attended **1,621 court hearings** with or on behalf of crime victims and arranged and attended 313 meetings between crime victims and prosecutors.

Supervised Visitation

- **116 families** were supported during 1,117 supervised visits and 439 supervised exchanges.
- 97% of adult participants surveyed agreed they felt that they and their children were safe while using these services.

Lethality Assessment

- **159 individuals** were screened by law enforcement, with 71% found to be in high danger, a significant increase from 2021.
- **54 victims** spoke with a CVIC advocate about what services are available to keep them safe.
- Incidents of violence continued to intensify in 2022, building on the trend from 2021, making connections to advocates by law enforcement particularly crucial. CVIC has continued to strengthen our engagement with law enforcement partners to ensure that referrals are made.

Violence Intervention

- **181 men and women** participated in New Choices group programming, addressing their use of violence and promoting accountability for the harm they have caused to others.
- 106 participants were also ordered into Domestic Violence Court, the specialized post-sentencing review court that works to hold individuals accountable, monitor sentencing progress, and encourage successful completion.
- The New Choices Partner Contact reached out to 125 partners of New Choices participants to keep them informed of the participant's status and provide information about CVIC services. Of the partners contacted, 60 received CVIC advocacy services.



97% OF CLIENTS

reported feeling safer and more aware of ways to plan for safety as a result of CVIC advocacy services



Youth Therapy

• 273 children and teens impacted by violence received therapy and support to stay safe and address trauma.

> "I think I have been more expressive to things that bother me, and I no longer bottle up as much as I used to."

> > - YOUTH CLIENT

- 31 parents received education about parenting needs of children living in violent homes and the effects of violence/trauma on children.
- In 2022 CVIC added a director of youth therapy position to oversee our youth therapy programming. This position will allow us to deepen our focus on supporting youth and better sustain our youth therapy programming.

Adult Therapy

- 97 adults received healing services, including 86 who received individual therapy and 16 who participated in support groups.
- 100% of clients surveyed showed improvement in emotional condition.

"I've always dreamed of taking ownership of my life and here I am. Where I am now after [therapy] is where I've always wanted to be.

I love the skin I am in, and I am experiencing what it's like to trust and put yourself first.

This year has brought me the greatest comeback. *I did this, with the work I put into my therapy.* I can't tell you what it feels like to be at peace with so many of the things I've been through. I am so happy with this year." Because violence is predictable, it is preventable.





Youth Education

• CVIC reached **4,082 youth** through 324 presentations; 82% of youth surveyed planned to use what they learned in their daily lives.

I know who to go to if I ever get harassed (trusted adult). I know what to do in the situation."

- YOUTH PARTICIPANT

Adult Presentations

- CVIC reached 4,570 adults through 90 presentations; 92% indicated that the presentation provided them with knowledge on topic.
- CVIC trained **728 professionals** through 35 presentations: 96% indicated they plan to use the information learned from training.

adults attended presentations

"Trauma and the brain are so important to understand. Trauma will affect each child's learning."

- PROFESSIONAL PARTICIPANT

GIFT OF HOME:

Donor partnership provides unique safe housing option



Business partners Kevin and Courtney Ritterman, owners of Dakota Commercial, along with Craig and Dolly Tweten, owners of Community Contractors; and Kristi Magnuson-Nelson and Bob Nelson, owners of Hugo's Family Marketplace, have worked together for decades. Their partnerships have led to significant developments highlighting both commercial space and residential living. Their projects have provided space for businesses to thrive, families to call home and communities to grow.

Similar to their core values and generous giving commitments to both CVIC and other nonprofits, the three locally owned businesses share similar philosophies of how to treat people, add value to those they serve and invest in the community:

- Dakota Commercial: Bringing property and people together.
- Community Contractors: Combining lifelong connections to our local communities.
- Hugo's Family Marketplace: Providing you and your family with the finest shopping experience.

"The team at CVIC has personal passion and expertise for helping the community," Courtney Ritterman said. "We are impressed with all that CVIC provides and appreciate that you share the reasoning behind why your services are needed. A member of our family has had personal experience with domestic violence, and we understand how important CVIC's services are to helping clients heal."

Recently, the trio of business owners expanded that partnership and philosophy to include one of the best gifts any Grand Forks County neighbor could ask for: a safe, inviting home. All three families are partnering to offer a free, temporary apartment to support CVIC clients with transitional housing needs.

"Families in transition often don't know where to start," Sheila Morris, vice president of advocacy said. "It's often a very overwhelming time because in addition to finding a home, they're also trying to find work, put gas in their vehicle, provide daycare for their children, and provide meals for their family."

In addition to a two-bedroom, fully furnished unit with washer and dryer, clients coming into the unit will receive a welcome basket of fresh Hugo's groceries and a few essentials to get them started. It was important to all three families that clients using the unit didn't have to worry about the basics during such a stressful time in their lives.

"When we think about clients and where they are many times...not having a ton of time to plan or coordinate next steps, this seemed like the right thing to do. Not everyone has close friends or family nearby or may not want to live with family or friends temporarily," Kevin Ritterman said. "This option gives CVIC clients a safe space to transition until they can find more permanent housing options for them and their families."







Humble to their core, all three family businesses initially were reluctant to share their contribution regarding this recent gift. They changed their mind, however, when they considered its potential to inspire others to invest in CVIC's long-range vision to end interpersonal violence. Like the businesses they run, people come first.

"I wouldn't want to think about Grand Forks without CVIC," Kevin Ritterman said. "It's tough to quantify but when you hear stories of what some CVIC clients have been exposed to, you can't help but want to help. All that we have learned through our interactions and tours of CVIC shows us that you care about your clients as people. Your vision has grown a lot throughout the years, and we hope others continue to invest in it."

Families in transition often don't know where to start. This option gives CVIC clients a safe space to transition until they can find more permanent housing options for them and their families.

- SHEILA MORRIS, VICE PRESIDENT OF ADVOCACY



2022-2023 **IMPACT REPORT** | 15

YOUR GENEROSITY IS GUARDING THE **FUTURE**



2022 -23 Dream Maker Society

Through major gifts pledged over 5 years, these individuals and businesses are currently making a commitment to move our community closer to the day when no person will be afraid at home.

TRANSFORMING OUR COMMUNITY

\$500,000/year

Engelstad Foundation (2017)

PROMOTING A HEALTHY CULTURE

\$50.000+/year

The Barbara Clark Charitable Foundation (2019) Anonymous[^] (2017)

CHANGING LIVES

\$25,000+/year

Gate City Bank[^] (2019)

Hugo's - Magnuson Family (2009)

Lisa Sondreal (2008)

Bruce & Renee Vaaler (2009)

CREATING DREAMS

\$10.000+/vear

Dan Burling & Beth Reilly[^] (2010)

Tom & Jessie Erickson (2006)

Jim & Sue Fristad[^] (2010)

Hal & Kathleen Gershman Family Foundation (2017)

Ideal Aerosmith (2020)

GUARDING THE FUTURE

\$5,000+/year

Brady Martz & Associates[^] (2004)

The Randy & Merrilee Brown Family (2008)

C.L. Linfoot Company⁽²⁰¹⁰⁾

Choice Bank (2010)

ChuLinda Investments (2020)

Construction Engineers - Scott & Stavce Kringstad

and Jeff & Gina Melgaard⁽²⁰⁰⁹⁾

Sandy & Tim Crary⁽²⁰¹²⁾

Pete & Mel Hoistad[^] (2005)

Derrick & Tara Johnson[^] (2002)

Andrew, Hayden, & Kayla Lamoureux⁽²⁰²²⁾

Little Miracles, Inc. (2023)

Kevin & Courtney Ritterman (2014)

Scheels[^] (2013)

Scott & Sue Stinar (2022)

Susan Farkas & Joshua Wynne (2014)

Anonymous[^] (2023)

BUILDING HOPE

\$1,000+/year

Brad and Gayle Aafedt[^] (2009)

Darla & Steve Adams (2009)

Agassiz Associates, PLLC -

Rebecca Green & Heidi Jensen (2011)

Jennifer Albert (2014)

Alpha Chi Omega Sorority - Alpha Pi Chapter (2021)

Collette Lessard-Anderson & Kyle Anderson (2021)

Greg & Kathi Anderson (2019)

Heidi & Joe Andruski - Sweet Dreams Anesthesia (2019)

Kathy & Andy Armacost (2021)

Kathy Ashe[^] (2021)

Avant Hair & Skin Care Studio - Anne Zimmer^ (2009)

Karen & Richard Axvig[^] (2019)

Dr. Jeremy Badger[^] (2018)

Pierre & Kristie Barbot (2022)

Brandon & Allyssa Baumbach (2022)

David & Jessica Baumgarten (2019)

Lana & Scott Beaton (2021)

Nicole Benson & Justin Knowlton (2022)

Dr. Phillip & Brittany Berg - ChiroRX (2018)

Dave & Jen Berger (2016)

Katie & Brian Bergner (2021)

Brad & Suzanne Berry (2020)

Mike & Amy Beth Billups (2021)

Brittney Blake & Tony Meyer (2022)

Mike & Ginny Blake (2013)

Blue Moose Bar & Grill (2006)

Brandon & Jenny Bochenski (2021)

Randy & Peggy Boettner[^] (2012)

Karl & Twila Bollingberg[^] (2009)

Bonzer's Sandwich Pub - Matt & Annie Bonzer (2021)

Kristina Braaten (2017)

Bremer Bank[^] (2008)

Jayne Brown (2021)

Holly Brown-Borg & Kurt Borg (2020)

Chad & Sonja Brucklacher (2021)

Kiersten & Eric Brutger[^] (2018)

Anne & Greg Bryson⁽²⁰²¹⁾

Kevin Buettner[^] (2017)

Bobbie Burke (2019)

Ben and Ashlev Cahalan (2020)

Jeff & Brittany Caillier[^] (2017)

Tom Campbell (2021)

Robin & Steve Carriere (2019)

Eric & Heidi Castle (2021)

Richard & Phyllis Clark[^] (2019)

Douglas & Dianna Cockerham[^] (2021)

Meghan Compton & Willis Stattelman (2019)

Kris & Mike Compton (2009)

Becca Cruger (2016) Stacey Dahl (2019)

Mark & Edie Dahlen[^] (2009) Jared & Cara Davis (2021) Deek's Pizza, Inc. (2018) Lynette Dickson (2016) Sandy & Tim Dittus (2004) Jamie & Jim Fagerholt (2016) Bob & Cathi Feeley⁽²⁰¹⁶⁾

Maxi Field (2022)

Christin Fine & Eric Pearson (2022) Maury & Faith Finney⁽²⁰¹³⁾

Firefly Medical Group PLLC/ N. Lovat & G. Baldwin

(2022) Nicholas & Megan Flom (2017)

Todd & Amy Forkel (2022) Aaron & Amber Flynn[^] (2019) Doug & Carol Fosse[^] (2020)

Kara Fosse (2019)

Frandsen Bank & Trust (2011)

Dave Frisch & Laura Nash Frisch[^] (2017)

Candy Galstad[^] (2019) Joanne Gaul, M.D. (2008) Sarah & Sam Gereszek (2021)

Cassie Gerhardt & Brad Parrish²⁰¹⁴ Paul & Alexandra German⁽²⁰¹⁹⁾

Lynn Gilbraith (2019)

Catherine Gillach & Rachel Aure[^] (2020)

Charlie & Jessica Gorecki[^] (2017) Terry & Ken Guenther[^] (2021) Duane & Sue Hafner (2014)

Chuck Haga (2014)

Kristi Hall-Jiran & Brent Jiran⁽²⁰⁰⁸⁾

Janice Hamscher (2018) Nicole & Shane Heldstab (2021) George & Rachel Hellyer (2021) Lorette & Lee Hendrickson (2022) Dan & Carrie Herrig (2019) Jody & Emilia Hodgson[^] (2022) Nicole Hoefs & Nick Adams[^] (2019)

Gary & Leigh Hoffert[^] (2008)

Klaudia & Co. - Klaudia & Nick Holkup[^] (2020) Jonathan

& Emily Holth[^] (2013)

Holy Family Catholic Church⁽²⁰²²⁾

Jared & Betty Housey (2022) Charlotte Hovet, M.D. (2010) Tammy & Tarek Howard (2022) Jay & Nora Hubbard (2021) Therese & Jon Hugg (2019) Becky Hulett (2019) Dan Inman[^] (2022)

Tom & Beth Iverson⁽²⁰²¹⁾

Jane (2019)

Marie & Nick Jensen (2022)

Jennifer & Gregg Johnson[^] (2022) Dr. Eric & Lisa Johnson[^] (2018) Peter & Marsha Johnson[^] (2021) Gopika Kalugampitiva Loiland (2022)

Ashley Kleveland (2022) Miranda & Jay Kleven ^ (2018)

Diane Knauf[^] (2018)

Doug Knowlton Family (2021) Korsmo Family Dentistry (2015)

Dr. Grant & Dr. Kathryn Korsmo⁽²⁰²⁰⁾

Phil & Laurie Kraemer[^] (2012) Karyn & Patrick Krause (2022) Josh & Angela Kunz[^] (2013) Heather Kurtz (2021) Will & Stacy Kusler[^] (2017)

Pam Laffen (2018)

Dave & Cec Lambeth[^] (2015) Kathleen Lander[^] (2009) Meredith & Joel Larson (2021) Tracy & Scott LeDuc[^] (2019) Melonev Linder[^] (2020) Karna Lovland[^] (2022)

Mary Loyland & Don Berntsen⁽²⁰¹⁷⁾

Gerry and Ivan Lucht (2016) Jenny Luhmann[^] (2022) Keith & Michelle Lund (2019)

Eric Lunn (2016)

Stephanie & Dale Magenau[^] (2021)

Signature Jewelers - John & Nancy Marchell (2014)

Daxon & Ann Mason (2019)

Kari McLean Kerr & Kelly McLean⁽²⁰¹⁶⁾

Mike & Liza McClean[^] (2021) Mac & Karen McLennan[^] (2012) Jayson & Lori Menke (2019) Joe & Missy Miedema (2008) Marlene Miller[^] (2009) Dave & Karen Molmen (2011) Michelle Montgomery (2020) RoxAnne and Pat Moore[^] (2017) John & Erin Morgan[^] (2021) Michael & Meg Morley[^] (2015) Nathan & Sonja Murray (2018) Mark & Dawn Nelson (2022)

Nodak Insurance Company - Josh Peterka Agency (2021)

Noeldner Family (2018)

James & Melody Nord Vanguard Trust (2018)

Lance & DeNae Norman (2019)

Bryon & Jill Novotny[^] (2019) Tim & Becky O'Keefe (2020) Joan & John Oncken[^] (2016) Annaka & Matt Palmiscno (2022)

Kristine Paranica⁽²⁰¹⁵⁾

Pete's Za (2018)

Ross & Donna Pettit[^] (2018) Claire & Alex Pokornowski (2019) Jill & Bryan Proctor (2012)

Sally Pyle[^] (2010) Jennie Quanrud (2021) Joe & Meredith Quinn (2020)

Duane & Kathy Reiser (2021)

REA Equipment, LLC - Ron & Kelly Anderson[^] (2016)

Northdale Oil Inc. - Reck Family (2022)

Bethany & Jon Rentz (2022) Ryan & Beth Reisinger (2021) John & Cathy Robertson (2021) Gina Roller Family (2019) Laura & Ben Roth (2021) Brian & Mara Rydell (2012) Aaron & Kellie Rygg (2021) Meggen & Dana Sande (2013) Mark & Gloria Sanford (2008) Fr. Bernie Schneider[^] (2021)

Mac & Crystal Schneider[^] (2017) Russ & Kristy Sell (2020) Stacey & Brenda Sem (2019)

Ashley Shea[^] (2017)

Pam Shea (2014) Noel & Sue Shirek (2019) Arch & Mary Simonson[^] (2010) Paul & Dawn Sistad (2019) 322 Hospitality (2019) Donna & Chris Smith[^] (2018) Brenda & Jim Sondreal[^] (2012)

Jodi & Greg Sorum⁽²⁰¹⁸⁾ Lowell & Lori Stave[^] (2019) Greg & Andrea Stennes[^] (2012) Kristina & Travis Stepps[^] (2016) Jodie & Bruce Storhaug⁽²⁰¹⁹⁾ Jon & Heather Strandell (2010)

Strege Family (2022)

Jav & Stefanie Strevle (2018) Steven & Diane Swanson (2016) Kelli & Dan Tannahill (2022) Kyle Thorson[^] (2017) Coiya Tompkins[^] (2019) Tupa & Erickson Family (2022) Robin & Steve Turner (2021)

Mark & Cindy Waind[^] (2021)

Matt & Mandy Walkowiak (2022)

Haley Wamstad & Christopher Griffin[^] (2021)

Krista & Steven Weiser (2019)

True Healing Massage - Amanda & Jake Wheeler (2019)

Ron & Susan Whetter (2018)

Amy Whitney (2019)

Kim & Roger Woods[^] (2008)

Mark Yahna & Katie Compton Yahna (2020)

Joe & Jenna Zavoral[^] (2014)

Wayne Zink & DeAnna Carlson Zink[^] (2017)

Clair & Ronda Zirnhelt (2018)

WELCOME, 2023 Building Hope Dream Makers

Bill Adams

Landon Bahl

John & Janice Barrett

Chris Logan & Courtney Barstad-Logan

Sue & Mark Bjornstad

Ginny Bollman

Adrian Cummings

Ashley Decker

Lee & Jenny Estad

Tim & Tiffany Ford

Corv Geffre

Yvonne & Luther Griffin

Aaron & Sarah Gustafson

Chris & Missy Johnson

Ed Jones

Soojung Kim & Joonghwa Lee

Chelsey & Dane Kjono - Hope Therapy

Tyler & Kelly Kuenzel

Emberly Lietz

Art Malloy

Lexi O'Halloran & Nick Walker

Samantha Olson

Gerad & Misty Paul

Kelsey & Curtis Regan

Tom Russell

Joyce M. Solberg

Dr. Ronald E. Solberg

Julie Taylor

Kate & Matt Winjum

Trailblazers

Representing our inaugural and 5-year growth investors in the Safer Tomorrows Road Map.

Altru Health System

Karl & Twila Bollingberg

The Randy & Merrilee Brown Family

City of Grand Forks

Robert & Sally Clayburgh Foundation

Construction Engineers - Scott & Stayce Kringstad

and Jeff & Gina Melgaard

Dakota Medical Foundation

Engelstad Foundation

Tom & Jessie Erickson

Gate City Bank

Hal & Kathleen Gershman

Gershman Family Foundation

Grand Forks County

Pete & Mel Hoistad

Will & Stacy Kusler

Andrew, Hayden & Kayla Lamoureux

Margaret A. Cargill Philanthropies

Joe & Missy Miedema

Dave & Karen Molmen

Mulroy Family

Otto Bremer Trust

Kevin & Courtney Ritterman

Mark & Gloria Sanford

Scott & Sue Stinar

Jon & Heather Strandell

Bruce & Renee Vaaler

Wayne Zink & Deanna Carlson Zink

Anne and Richard Zimmer

Anonymous

2022 Annual Operating Fund Donors

Includes general operating gifts, client emergency funding, and other restricted giving.

PEACEMAKER

(\$25,000 & UP)

Connecting Point (In-Kind)

Hal & Kathleen Gershman Family Foundation^

Rydell Auto Center (In-Kind)

Anonymous

PARTNER

(\$10,000 & UP)

Altru Health System (In-Kind)

CoBank National Office

McFarlane, Inc.

Robert & Sally Clayburgh Foundation

Brian & Mara Rydell^

Katrina & Chris Smaaladen

Anonymous[^]

LEADER

(\$5,000 & UP)

Brady Martz & Associates (In-Kind)

Citizen Assistance Programs

Dakota Commercial & Development, Inc.

Kevin & Courtney Ritterman

Marydale & James Hansen

Sharon Hanson

Pete & Mel Hoistad^

Jeff Jennings & Nick Nash

Mainstream Boutique (In-Kind)

Marlene Miller[^]

William & Heather O'Keefe

Tom & Brenda Rosendahl

Scheels^

SimplyMaid (In-Kind)

Spectra Health (In-Kind)

Brenda & Jim Sondreal^

U.S. Bancorp Foundation

United Commercial Travelers Grand Forks Council 64

PROVIDER

(\$2,500 & UP)

Alpha Chi Omega Sorority - Alpha Pi Chapter^

Kay & Keith Berg

Dan Burling & Beth Reilly^

Sharon and Archie Ellwood

Grand Forks County (In-Kind)

Grand Forks Downtown Rotary Club Janice Gransberg

Hugo's-Magnuson Family^

Justin & Heather Johnson

Susan Llovd

Minnkota Power

Myra Foundation

Rydell Auto Center, Inc.

Wesley United Methodist Church

Dr. Glen & Nancy Yoshida

[^] denotes additional gifts

FRIEND

(\$1,000 & UP)

Aatrix Software, Inc.

Advanced Business Methods

Alerus

Diane Altendorf

Rich & Karen Axvig[^]

Bell Bank

Dale Bergum

Bremer Bank[^]

Margaret Bundlie

C.L. Linfoot Company[^]

Calvary Lutheran Church

Christ the King Lutheran Church

Construction Engineers - Scott & Stayce Kringstad

& Jeff & Gina Melgaard[^] Cornerstone Baptist Church

Dakota Sales Company, Inc.

Dakota Supply Group

Sandy & Tim Dittus

Cvnthia Driscoll

Jeff & Dawn Eickman

Enterprise Holdings Foundation

First Class Mortgage

Gate City Bank[^]

Mike and Beth Hamerlik

Joan Hawthorne

Barbara Helm

Patty & Leslie Howard

Mark & Elizabeth Jackson

Johnson & Johnson

Mike & Kathy Jones

JR Simplot Company Foundation

The Knight Foundation

John & Doris Lambie

Andrew Lamoureux[^]

Tracy & Scott LeDuc[^]

Liberty Mutual

Mainstream Boutique - Linda Bunde

William Mann

Fred Manuel

Michael McKenna

David & Jan McNair

Becky & Jay Mindeman

Amy & Kevin Muiderman

John & JoAnn Muus

Kari Newman Ness & Leo Ness

Dr. John & Angie Nord

Ruth Nord

Michele & Mark Peterson

Retrax Holdings, LLC

Harris Rouse

Jim & Corinne Satrom

Joyce M. Solberg & Dr. Ronald E. Solberg^

Jodi & Greg Sorum^

Susie Sproule

St. John Lutheran Church

Jodie & Bruce Storhaug^

Tracy Telken

The Lighting Gallery

ChuLinda Investments[^]

Matthew & Rebekah Tompkins

Valley Oral & Facial Surgery

Vilandre Heating & Cooling

Peter Welte

Boyd Wright

ADVOCATE

(\$500 & UP)

Brad & Gayle Aafedt^

American Legion Post 181

Josh & Sarah Anderson

Auto Massage, LLC

Avant Hair & Skin Care Studio - Anne Zimmer^

Sheila Bodell Hoerner & Robert Hoerner

Randy & Peggy Boettner[^]

Tracee Bruggeman

Capital Resource Management

Doris & Kevin Cooper

Mark & Edie Dahlen^

Mike & Mary Ann Delisle

Chad & Shauna DeTienne

Barbara Dolan

Cindy Evavold

Farmers National Company

Dr. Yvonne Gomez Halverson & Gregg Halverson

Greenberg Realty, Inc.

Hatch Realty Grand Forks

Heritage Insurance Services

Jennifer & Jerry Hoffarth*

Derrick & Tara Johnson[^]

Doug & Beth Johnston

Brian & Susan Kraft

Mike Krejci

Tyler & Kelly Kuenzel^

Lori Laturnus

Lithia Toyota of Grand Forks

Lutheran Rural Parish

Bernie McConn

Tracy McGillis

Sandi Newgard

Sarah Nielsen

North Valley Crematory, LLC

Odd Fellows Lodge #4

Optimist Club of Grand Forks

Gerad & Misty Paul^

Petcetera Animal Clinic

Allison & Kris Peterson

Donna & Ross Pettit^

Pfizer

REA Equipment, LLC - Ron & Kelly Anderson^

Jana Savles

Mac & Crystal Schneider

Kay Schraeder*

John & Cynthia Shabb*

Sharon Lutheran Church

SimplyMaid

Seema Somji

South Forks Lions Club

Terri Staples

Lowell & Lori Stave^

Hayley Svedjan Walz

Swanson & Warcup LTD.

Tecta America Dakotas

Thrivent Financial Todd's Trailer Sales

Trinity Lutheran Church

University Lutheran Church University of North Dakota Music Department

Valley Petroleum Equipment

Teresa & Steve Wasvick

Donnabelle Weston

Pam Whalev

Susan Farkas & Joshua Wynne[^]

Xcel Energy

Claudette Zimney

* multi-year gifts

[^] also Dream Makers

Rise Up Monthly Members

Kristi Anderson Nancy Anderson

Bruce & Shannon Leiran

Dayna Bastian

Tim & Meredith Baumann

Rita & Dusty Becker Holly Benjamin

Mallory Berdal Loretta Berg Karen Bjornseth

Diane Blue Jody Boushee

Stacey & Mike Brorson

Amy Carroll

Brooke & Tom Conlin Cathy & Rick Coulter Robin David & Brian Schill Steve & Emilie DeKrey Doug & Elisa Diederich Nancy & Norm Dutot Jessica & Eric Dybsetter

Sue Gaddie

Geoff & Monte Gaukler Chad & Greta Gerloff James & Kathryn Greene

Bill & Pamela Elmquist

Becky Greer Ruth Hall

Derek & Kayla Holt

Wyatt Holtz Annabel Jiran

Ivan & Deborah Johnson Jen & Justin Johnson Sierra Johnson

Sara Kaiser Judy Klaus

Bethany Klemetsrud

Sandy Kovar Brandi Kuenzel

Nicole & Jesse Langerud

Brian & Kristen Larsen-Schmidt

Rebecca Larson Julie & Shawn Leake Doris Lebby Kori Leblanc

Mainstream Boutique - Linda Bunde

Heidi Marto Cheryl McGlynn Tracy Meidinger

Stacey & Russell Mesteth Mark & Stacy Nelson Tim & Shera Nesheim Gale & Patrick O'Neill Mike & Moriah Opp Andria Pinkerton Christy Potts

Greg & Maureen Potucek Katherine Preszler

Sarah Raymond

Chad & Heather Reardon

Jen Regimbal Troy & Julie Reiten Katie Richardson Elaine Rivard

Emily & Josh Ruemmele Tammy & Roger Schmitz

Al & Beth Seydel Savanah Simmers Kristi Skyberg Suzie & Matt Spivey Jarrod & Nicole Spoor Mindy Staveteig Sadie Steenerson Justin & Karla Stewart

Jessica Strand

Justin & Heather Stromme Steve & Linda Sulland

Mara Thorsen Gary Towne

TruStone Wealth Management

Bonnie & Dave Upham

Anita Vanyo Sharon Wilhelmi Tammy Woodstrom Deborah Zaks Beth Zavoral Jodi & Dan Zavoral Keith & Helen Zikmund

2022-23 Endowment Supporters

Gifts to CVIC's endowment funds change lives today, tomorrow and forever. Your gift will be invested, and a distribution from earnings will be drawn annually to support safety, healing and education services.

David Dahlstrom McFarlane, Inc. Marlene Miller Brenda & Jim Sondreal

NAMED ENDOWMENT FUNDS

Mary Ann and Don Sens Endowment Fund

(General Operating)

The Randy and Merrilee Brown Family Endowment Fund –

Mary's Place Shelter

CVIC Education Endowment Fund – Client Education Assistance

GRAND FORKS, EAST GRAND FORKS & REGION COMMUNITY FOUNDATION ENDOWMENT DONORS

Jan Jelliff Scott & Sue Stinar

Grant Funders

Altru Alliance

Margaret A Cargill Philanthropies The Mary Kay Ash Foundation Midcontinent Foundation

Otto Bremer Trust State of North Dakota TJX Foundation

UND Staff Senate Jeans Give Back

U.S. Department of Justice

U.S. Department of Health & Human Services

U.S. Department of Homeland Security

U.S. Department of Housing & Urban Development

US Bank Foundation

Walmart

Xcel Energy Foundation

WAYS TO GIVE

(see enclosed remittance envelope)



Click to donate, or visit cviconline.org/guard-the-future



Dream Maker Society

When you join CVIC's distinguished Dream Maker Society, your 5-year pledge will transform lives dimmed by violence into vibrant, full lives once again connected to the heartbeat of our community.

Building Hope

\$1,000 - \$4,999/year

Provide a lifeline through the crisis for 22 local adults and children who would otherwise be trapped.

Guarding the Future

\$5,000 - \$9,999/year

Provide the start of stability and a fresh beginning for 47 local adults and their children. You can be there when they have nowhere else to turn.

Creating Dreams

\$10,000 - \$24,999/year

Provide healing from trauma through at least 228 sessions of evidence-based therapy. You will make dreams come true.

Changing Lives

\$25.000 -\$49.999/year

Equip at least 4,630 students with knowledge they need to pursue healthy relationships. You will support a new generation of children who can change our community forever.

Promoting a Healthy Culture

\$50,000+/year

This level could provide a minimum of 391 nights of shelter a year, protecting over 100 people and moving them from living in fear to freedom.

Rise Up Monthly Giving

Your monthly donation provides a recurring gift that can, quite literally, help us change lives.

- \$25/month could provide an ID card for someone who escapes violence
- \$35/month could provide emergency assistance for basic needs we take for granted
- \$50/month could provide travel assistance for someone seeking a safe home

One-Time Gifts

You can make a one-time gift with virtually any payment option.

Endowment Gifts

If you want your gift to have a lasting impact, consider funding an endowment in perpetuity. These permanent, irrevocable funds are held by CVIC. The principal is invested each year and a portion is used to support operations.

2022 FINANCIAL HEALTH

NUMBER OF DONORS

1,448



VOLUNTEER HOURS



76¢
OF EVERY DOLLAR TO PROGRAM SERVICES

NUMBER OF VOLUNTEERS 90



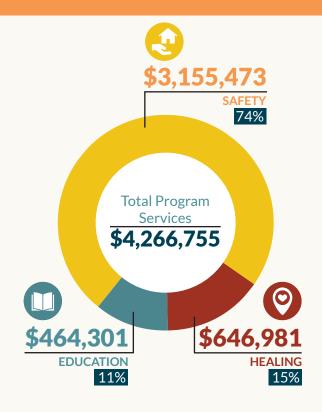
STATEMENT OF FINANCIAL POSITION

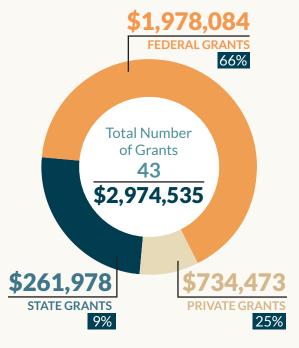
ASSETS	2022	2021
CASH AND CASH EQUIVALENTS	\$ 2,400,507	\$ 2,146,697
GRANTS & OTHER RECEIVABLE	250,598	228,821
PREPAID EXPENSES	68,972	44,393
INVENTORY	4,713	7,070
PROMISES TO GIVE, NET	1,797,886	1,786,214
PROPERTY, EQUIPMENT & RIGHT OF USE ASSETS, NET	2,856,339	2,957,647
BENEFICIAL INTEREST IN PERPETUAL TRUST	28,807	-
OTHER ASSETS	31,747	31,747
BOARD DESIGNATED: RESERVES & INVESTMENTS HELD FOR ENDOWMENT	3,035,534	3,222,622
TOTAL ASSETS	10,475,103	10,425,211
LIABILITIES		
ACCOUNTS PAYABLE AND ACCRUED EXPENSES	449,913	356,795
LEASES PAYABLE	85,477	18,780
OTHER OBLIGATIONS	113,596	147,958
TOTAL LIABILITIES	648,986	523,533
NET ASSETS		
WITHOUT DONOR RESTRICTIONS	5,931,826	6,053,460
WITH DONOR RESTRICTIONS	3,894,291	3,848,218
TOTAL NET ASSETS	9,826,117	9,901,678
TOTAL LIABILITIES AND NET ASSETS	10,475,103	10,425,211

CVIC's auditors have expressed an unmodified opinion on our financial statements for the year ended Dec. 31, 2022. Those financial statements, which are available on CVIC's website, include associated notes that are essential to understanding the information presented herein.

STATEMENT OF ACTIVITIES

REVENUE & SUP	PPORT		2022	2021
	Grants	\$ 2,9	974,535	\$ 3,317,021
	Contracts for Services	Ē	537,200	500,333
	Payroll Protection Program		-	657,157
	Contributions & Other	1,7	770,651	1,496,558
	Contributions of Nonfinancial Assets	2	251,947	178,601
	TOTAL REVENUE & SUPPORT	5,5	534,333	6,149,670
EXPENSES				
Program Services	Salaries & Fringe Benefits	2,9	922,217	3,109,354
	Occupancy	2	220,429	197,718
	Program & Materials	7	780,005	609,438
	Client Assistance	3	344,104	209,149
	TOTAL PROGRAM SERVICES	4,2	266,755	4,125,659
Supporting Services	— Management & General	Ç	937,400	918,660
	Fundraising	۷	405,739	346,507
	TOTAL SUPPORTING SERVICES	1,3	343,139	1,265,167
	TOTAL EXPENSES	5,6	509,894	5,390,826
	INCREASE (DECREASE) IN NET ASSETS	(75,561)	758,844
	NETS ASSETS AT BEGINNING OF YEAR	9,9	901,678	9,142,834
	NETS ASSETS AT END OF YEAR	9,8	326,117	9,901,678







211 S. 4th St. Grand Forks, ND 58201 Main line: 701-746-0405 Crisis line: 701-746-8900

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