

YOUTH PRESENTATIONS

ELEMENTARY & MIDDLE SCHOOL

Presentation Topic	Information Covered
<p>Friendships That Work A 5-session healthy friendship curriculum ©Wettersten 2011 *Grades 4-6 (5 sessions - 45 minutes each)</p>	<ul style="list-style-type: none"> - Evaluating Friendships/Skills - Basic Building Blocks of Friendships - Asking Meaningful Questions - Advanced Listening/Acknowledging - Dealing with Hard Feedback - Conflict
<p>Sexual Harassment: Impact Matters *Grades 7-8 (1 session - 50 minutes)</p>	<ul style="list-style-type: none"> - Sexual Harassment Definition - The Truth About Sexual Harassment - Flirting vs. Sexual Harassment - Reporting - Impact vs Intent
<p>“How to Avoid Dating a Jerk(ette)” *Grade 8 (1 session - 50 minutes)</p>	<ul style="list-style-type: none"> - 3 T’s of getting to know someone - “love” and intimacy - Relationship Spectrum - Dating Rights/Responsibilities - Red and Green Flags in relationships - Relationship Attachment Model
<p>Rise Above Bullying (1 session - 50 minutes)</p>	<ul style="list-style-type: none"> - Definition and Methods - Victim Resources - Signs You Are A Bully - Effects of Bullying - Bystanders/How to Help - Conflict Resolution
<p>Love is... a Break the Cycle interactive presentation *Grade 8 (1 session - 50 minutes)</p>	<ul style="list-style-type: none"> - What is Love? - Healthy Relationships - Abusive Relationships - Unhealthy Behaviors

<p>Ready 4 A Relationship? *Grades 7-8 (1 session – 50 minutes)</p>	<ul style="list-style-type: none"> - Layers of a healthy relationships cake - Signs of a healthy relationship - Signs of an unhealthy relationship - 4 A's: Acknowledge, Ask Questions, Accountability, Affirmations
<p>Digitalizing Healthy Relationships (1 session – 50 minutes)</p>	<ul style="list-style-type: none"> - Digital Boundaries - Relationship Social Media Health - Sending images through technology - Tips and tricks to online safety
<p>Upstanders, a CVIC developed multi-session leadership program for girls to empower youth to actively promote healthy relationships. *Grade 6-8 (8 sessions – 45 minutes each – minimum of 5 normally implemented)</p>	<ul style="list-style-type: none"> - Respectful and Healthy Relationships - Setting Boundaries and Conflict Resolution - Self-Image and Media Influence - Understanding Privileges - Rumor Spreading
<p>LIVERESPECT, developed by A Call to Men, this is a multi-session healthy relationship program for young men *Grade 8 (8 sessions – 45 minutes each – minimum of 5 normally implemented)</p>	<ul style="list-style-type: none"> - Promote conversation about healthy manhood - Critical thinking about societal beliefs on gender roles. - Inspire boys to redefine manhood and focus on developing healthy relationships and behaviors.
<p>Take A Stand, a NCADV curriculum for healthy relationships. *Grades 6-8 (6 sessions – 50 minutes each – minimum of 3 normally implemented)</p>	<ul style="list-style-type: none"> - Developing Emotional Intelligence - External Influencers - Love and Respect - Creating Healthy Relationships - Allying for Safe and Healthy Relationships
<p>Couplets Workshop a One Love Foundation interactive presentation comparing healthy and unhealthy relationships through discussion *Grades 6-8 (1 session – 60 minutes)</p>	<ul style="list-style-type: none"> - Healthy vs Unhealthy Relationships - Tactics used in unhealthy relationships - Intensity, Put-downs, Anger, Disrespect, Guilt, Control, Obsession, Isolation

HIGH SCHOOL

Presentation Topic	Information Covered
FRIES: A Guide to Consent (1 session – 50 minutes)	<ul style="list-style-type: none">- Define Consent- FRIES to Consent- What is not Consent- Scenarios
Let's Talk About It: Sexual Assault (1 session – 50 minutes)	<ul style="list-style-type: none">- Defining Sexual Harassment- Sexual Assault Umbrella- Consent- Being an Active Bystander- If it is Happening to You
#RelationshipGoals 1.0 (1 session – 50 minutes)	<ul style="list-style-type: none">- Equality and Power & Control Wheels- 10 signs of a healthy relationship- 10 signs of an unhealthy relationship- Relationships Spectrum- Warning signs- How to Help A Friend
#RelationshipGoals 2.0 (1 session – 50 minutes)	<ul style="list-style-type: none">- Application of Healthy Relationships 1.0 through activity and discussion
Break-Up 101 a Boston Public Health lesson on healthy break-ups through respectful and effective communication. (1 session – 50 minutes)	<ul style="list-style-type: none">- Identify Healthy Break-Up- Relationship Spectrum- Deal-Breakers- How Are Teens Breaking Up?- Effective Communication
Stay/Talk/Go a Break the Cycle 30-minute interactive presentation. (1 session – 50 minutes)	<ul style="list-style-type: none">- Relationship Scenarios- Students will decide if they want to stay in the relationship, talk about the issue, or leave the relationship.- Optional 15 Minute Addition – qualities of healthy/unhealthy relationships
SAAM: The Truth Behind Sexual Assault (1 session – 50 minutes)	<ul style="list-style-type: none">- Jeopardy or Quizizz Activity- Defining Sexual Assault- The Truth about Sexual Assault- Your Support System

The Power of the Clothesline Project

**this is only available for students who will be attending the Clothesline Project
(1 session – 50 minutes)*

- Definition of Dating Violence
 - Power and Control Wheel
 - Warning Signs
 - Clothesline Project Activity
 - What to expect at the Clothesline Project Event
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Behind the Post Workshop *developed by the One Love Foundation*

(1 session – 50 to 90 minutes)

- Scenario Video with discussion
 - Healthy vs Unhealthy Relationships
 - Role of social media in relationships
 - Provide tools to explore healthy ways to handle emotions in a relationship
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Love Labyrinth Workshop *developed by the One Love Foundation*

(1 session – 50 to 90 minutes)

- Warning signs of emotional abuse, and behavior patterns that show up in everyday situations.
 - How to talk about healthy and unhealthy relationships
 - How to understand and manage jealousy
 - Tools needed to intervene if they see unhealthy behaviors in a friend or their relationship.
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Because I Love You Workshop *developed by the One Love Foundation*

(1 session – 50 to 90 minutes)

- Control through technology in an unhealthy relationship
 - Understand what signs of emotional abuse look like
 - Explore ways to cope with feelings of jealousy and insecurity
 - How to set boundaries in their relationship
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LIVERESPECT, *a multi-session healthy relationship program for young men developed by A Call to Men.*

(8 session – 45 minutes each – minimum of 5 normally implemented)

- Promote conversation about healthy manhood
 - Critical thinking about societal beliefs on gender roles.
 - Inspire boys to redefine manhood and focus on developing healthy relationships and behaviors.
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Upstanders, *a CVIC developed multi-session leadership program for girls to empower youth to actively promote healthy relationships.*

(8 session – 45 minutes each – minimum of 5 normally implemented)

- Respectful and Healthy Relationships
 - Setting Boundaries and Conflict Resolution
 - Self-Image and Media Influence
 - Understanding Privileges
 - Rumor Spreading
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Athletes As Leaders *created by Harborview Center for Sexual Assault and Traumatic Stress, a multi-session program that aims to empower student athletes to take an active role in promoting healthy relationships.*

(10 sessions – 20 minutes each)

- Gender Stereotypes
 - Privilege and Oppression
 - Self-Image and Rumor Spreading
 - Relationships and Consent
 - Messages About Manhood
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EVIDENCE BASED CURRICULA

Curriculum	Information Covered
<p>Safe Dates, a research-based dating abuse prevention curriculum ©2004, 2010 by Hazelden Foundation. *Grades 9-12 (10 sessions - 50 minutes each)</p>	<ul style="list-style-type: none">- Evaluating Friendships/Skills- Basic Building Blocks of Friendships- Asking Meaningful Questions- Advanced Listening/Acknowledging- Dealing with Hard Feedback- Conflict
<p>The Fourth R, a research-based comprehensive school-based prevention program ©2016, The University of Western Ontario. *Grades 7-9 (27 sessions - 45 minutes each)</p>	<ul style="list-style-type: none">- Personal Safety and Injury Prevention- Substance Use, Addictions, and Related Behaviors- Human Development and Sexual Health- Healthy Eating
<p>Coaching Boys into Men a 12-session athletic prevention program that educates young male athletes on healthy relationship skills developed by futures without violence. (12 sessions - 15 minutes each)</p>	<ul style="list-style-type: none">- Respectful Language and Behavior- Digital Disrespect- Aggression- Sexual Reputation and Consent- Bullying- Boundaries

CONTACT

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