

TRAINING MENU

CVIC provides training and education programs for workplaces and community organizations. Each training can be adapted to fit the audience, professional discipline, or topic interest. Lengths of trainings can be modified based on timeframe allotted.

PROFESSIONALS

Training	Information Covered
<p>A Trauma Informed Response to Domestic Violence <i>A training for healthcare workers on domestic violence dynamics and the healthcare response.</i></p>	<ul style="list-style-type: none"> - Domestic Violence Dynamics - Reproductive Coercion - Screening and Documenting Domestic Violence - Safety planning - Reporting - Community Resources
<p>Strangulation: The Visible and the Hidden <i>A comprehensive training on strangulation.</i></p>	<ul style="list-style-type: none"> - DV Dynamics - Definitions and types of strangulation - Signs and symptoms of strangulation - The San Diego Study - ND Statutes and Definitions (as appropriate) - Strangulation as a lethality indicator - LAP (as appropriate) - Responding to Strangulation
<p>Abused and Exploited <i>A training on elder abuse for those who work with the elderly population.</i></p>	<ul style="list-style-type: none"> - Defining Elder Abuse - Elder abuse prevalence and statistics - Caregiver stress - Barriers to living free from abuse - Responding to elder abuse - Mandatory reporting

Sexual Assault Response Team (SART)

A training that covers the dynamics of and trauma informed response to sexual assault with information provided on Grand Forks County SART team.

- Sexual Assault Dynamics
- Impact of Trauma
- Trauma Informed Response
- Grand Forks County Sexual Assault Response Protocol

Lethality Assessment Program (LAP)

An overview of the LAP and best practices.

- Introducing LAP
- Best practices for LAP
- Community Resources
- CVIC advocate response

The Home of Domestic Violence

A comprehensive training on domestic violence and childhood exposure to violence.

- Domestic Violence Dynamics
- PC Wheel
- Barriers to leaving
- Childhood exposure to violence and ACEs
- The science of trauma
- Resiliency and protective factors

Building Relationships though a Trauma Informed Lens

Trauma-informed best practices when working with youth.

- Adverse Childhood Experiences Study (ACEs)
- Childhood exposure to violence
- Defining trauma
- Trauma response
- Creating trauma sensitive environments
- The Power of relationships

Creating a Culture of Change around Sexual Violence

An overview of sexual assault, societal messages, and how to support survivors.

- Defining SA & Prevalence
- Consent
- Societal messages around SA
- Impact of SA
- Supporting Survivors
- Reporting
- Community Resources

The Power of Power & Control

A training for mediators on domestic violence dynamics, lethality, and safety planning.

- DV dynamics
- Power and Control Wheel
- Barriers to leaving
- Lethality
- Safety Planning
- Mediator Screening Tool

Stalking

A comprehensive training on stalking, its impact, and best response.

- Definition
 - Impact of victims
 - Law enforcement response (as appropriate)
 - Safety planning
 - Community Resources
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COMMUNITY TRAININGS & PRESENTATIONS

Training	Information Covered
Green Dot Bystander Training <i>How to be an effective bystander when you see power-based personal violence.</i>	<ul style="list-style-type: none">- Introduction to power-based personal violence- The impact of power-based personal violence on the community- The role of the bystander in violence prevention- Recognizing red dots and barriers to intervention- The 3 D's of bystander intervention- Reactive and proactive green dots- Skills practice
Green Dot Overview <i>A brief overview of the Green Dot strategy.</i>	<ul style="list-style-type: none">- Introduction to power-based personal violence and its impact- Culture change- Introduction to red and green dots- Introduction to barriers- The 3 D's of bystander intervention- Generating the 3 D's through skills practice- Introduction to proactive green dots- Generating proactive green dots through skills practice
CVIC Services Overview <i>An overview of CVIC's comprehensive safety, healing and education programs that are creating a safer tomorrow for greater Grand Forks.</i>	<ul style="list-style-type: none">- Agency history- Programs and services provided- Our plan to end violence in two generations- How to get involved and support CVIC

CONTACT

To request a training or presentation contact:



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