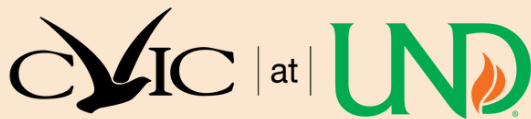


“My life was spinning out of control. I no longer felt safe walking on campus or even being alone in my dorm room.”
-Caily*, CVIC at UND client



-Pictured at right: Lindsay B., CVIC at UND campus advocate

Dear [Insert Name],

Caily was thriving in school until a classmate changed everything.

A senior at the University of North Dakota, Caily spent meaningful time with friends, thrived in her courses and was looking forward to pursuing a full-time career following graduation.

Until another classmate – someone she barely knew – began to stalk and sexually harass her.

It began with uncomfortable text messages and inappropriate presents and escalated to disturbing encounters, leaving Caily in constant fear. As the unwanted attention became increasingly concerning, Caily’s stalker threatened to kidnap her boyfriend.

“My life was spinning out of control. I no longer felt safe walking on campus or even being alone in my dorm room. I constantly feared what might happen next. Concentrating was difficult, studying was harder, meals were irregular and infrequent to avoid possible interactions. I was barely holding it together.”

After turning to a friend for help, Caily was directed to UND’s Title IX office, a pivotal moment that set the stage for her path forward. There, she was connected to Lindsay, CVIC’s confidential campus advisor, who became instrumental in helping her regain a sense of security.

Lindsay helped Caily create a safety plan, connected her with the University Police Department to have an officer escort her to classes, and helped secure a Disorderly Conduct Restraining Order (DCRO) to protect her from the stalker. Through CVIC’s attorney, Caily also received legal assistance during crucial hearings, giving her the strength to face the challenges ahead.

“I honestly don’t know what I would have done without Lindsay’s guidance and the amazing support they provided in helping me to draft the DCRO so that the judge could clearly understand the full extent of the mental, physical, financial, and emotional toll my stalker had inflicted upon me.”



18-24-year-olds experience the highest rates of stalking among adults.**

Caily's story is one of triumph over trauma. Graduating from college and now thriving in Grand Forks, she attributes her success to the unwavering support of Lindsay, CVIC, and you.

Prior to receiving CVIC support, Caily considered leaving Grand Forks to ensure her safety. Through the generosity of CVIC donors, Caily was not forced to leave her community behind. When you donate to CVIC, your gift is a message of hope. A message that violence is not tolerated in our community.

Nearly 1 in 3 women and 1 in 6 men will be stalked in their lifetimes – your support extends a lifeline to survivors like Caily. In fact, your past contributions enabled CVIC to provide essential services such as safety planning, counseling, and legal advocacy to those who needed it most – making the Greater Grand Forks community a safe place for survivors to thrive.

Will you consider a gift again today? Such generosity ensures that individuals facing stalking, sexual harassment, and domestic violence receive the critical support needed to rebuild their lives.

Wishing you a season filled with warmth, gratitude, and the knowledge that your kindness makes a lasting impact.

Gratefully,

Coiya Tompkins Inman

P.S. Your gift will help support programs like CVIC at UND. Together, we can build a safer Grand Forks, where young professionals choose to stay, and where all of us thrive.

P.P.S. January is the 20th Annual National Stalking Awareness Month. Stand with stalking survivors, like Caily, and give the gift of safety by donating this Holiday season.

*Names, some details changed

**Statistics from the Stalking Prevention Awareness and Resource Center